

Cancellations and Refunds

Cancellations must be made at least one week prior to the start of the session in order to receive any refund. An administration fee of \$25 per session will be deducted from all refunded amounts. No refunds will be given for days missed. All cancellations must be made in writing with a full signature and date. Anyone canceling less than a week in advance will receive no refund and will be charged the full amount.

Make Up Policy

Member must notify and get approval from the manager of the program at least 1 week prior to make up. One make up will be granted per session as long as there is space available in a comparable class.

Children's Programs Mission

We provide a fun, safe, and enriching environment where participants will be physically active while having fun and making new friends. We run a structured, engaging program with numerous activities where children build life skills, learn good sportsmanship, and make lifelong memories.

The Cincinnati Sports Club is proud to teach and instill core values through all of our Children's Programs. Each program is designed to teach honesty, perseverance, and stewardship while helping our youth develop the confidence they need to learn to make good choices as they mature in.

This agreement, entered by and between the undersigned and the Club Group, is part of the consideration for the undersigned being permitted to use the Club Group's programs and premises. Note: the term "Club Group" herein shall include the Cincinnati Sports Mall, Inc. (the "Club"), its partners, parents, subsidiaries, and affiliates, and any of their respective directors, officers, employees, agents, representatives, successors, and assigns. No changes to this agreement are permitted without express, written consent from the President of the Club.

Assumption of Risk; responsibility for medical conditions. ALL PHYSICAL ACTIVITY CARRIES WITH IT INHERENT RISKS, AND THOSE OF ALL AGES PROCEED AT THEIR OWN RISK. The fitness equipment and Club facility present hazards which, if not avoided, can cause serious injury or death. I understand that I am responsible for monitoring my condition at all times and consulting with my own doctor about the risks that physical activity creates for me. I ACKNOWLEDGE THAT THE CLUB GROUP CANNOT AND DOES NOT GUARANTEE THAT ITS FACILITIES, PROGRAMS, OR SUPPLIES ARE GERM/VIRUS FREE. I EXPRESSLY AND VOLUNTARILY AGREE TO ASSUME ALL RISK OF SICKNESS, INJURY OR DEATH. If unusual medical symptoms occur, I will cease my participation at the Club and seek prompt medical attention.

Waiver; release of liability; indemnity and defense. I HEREBY RELEASE, DISCHARGE AND COVENANT NOT TO SUE THE CLUB GROUP, AND WAIVE the right to bring claims, with respect to any and all liability (including liability arising from negligence of the Club Group) for claims, causes of action, injuries including death, damages, demands, costs, loss of services, expenses, theft, attorney fees, and other claims, known or unknown, of whatever nature arising out of the premises or programs of the Club Group (collectively, "Claims"). Furthermore, for expenses, disputes, or Claims arising from my negligence or fault, I agree to: (a) indemnify, defend, and hold harmless the Club Group; and (ii) pay fines, fees, or expenses, including attorney fees that the Club Group incurs. These terms are intended to be as broad and inclusive as is permitted by Ohio law, and if any portion hereof is held invalid, the balance shall continue in full legal force and effect.

Consent to contact, and for photo-video-media. I hereby authorize the Club to contact me by phone, email, or otherwise, including solicitation for Club membership. I acknowledge that, in the course of business, the Club may record or photograph activities including my voice, image, and likeness ("Recordings"). I consent to such Recordings and authorize the Club Group to use, publish, distribute, alter, make derivative works, and sublicense such Recordings, in whole or in part, without limitation, including for any educational, promotional, or commercial purpose. The Club Group shall have no liability for use of Recordings.

Signs and labels; notifying staff. Prior to using the equipment or facility I will read all warning labels, instructions, signs and placards in the facility. If I am unsure how to use the equipment or facility, I will seek the staff's assistance. I will immediately report any piece of equipment or area that is not working properly to staff. I will not attempt to use or fix any piece of equipment or area that is not working properly.

Ohio law and Waiver of Jury Trial: This agreement and any Claims, controversy or dispute arising out of it, or arising out of use of the Club, shall be governed by and construed in accordance with the laws of the State of Ohio. The undersigned hereby knowingly, voluntarily, and unconditionally waives the right to a jury trial of any Claims, controversy or dispute arising out of this agreement, or arising out of the premises or programs of the Club Group.

Application to each use, family, and minors: This agreement applies to me, any family member or guest ("We"), and to each and every use We make of the Club. For use by a minor, I (the undersigned parent, guardian or custodian of the minor), hereby agree to all terms above for the minor and myself.

Member Name: _____

Member Signature: _____

Date: _____

SWIM LESSONS



SUMMER 2024

Ages 3 & Up
Mornings, Evenings & Saturdays
Private Lessons Available

Cincinnati Sports Club Members Only

**Register Early-
Enrollment is Limited!**



Cincinnati Sports Club

With  **TriHealth** |  **BEACON**

Two convenient entrances:

5535 Murray Avenue or 3950 Red Bank Road
Cincinnati, Ohio 45227

513.527.4000

CincinnatiSportsClub.com

CLASS DESCRIPTIONS

The Cincinnati Sports Club offers a comprehensive Swim Lesson program for all ages. Instructors will guide the swimmers through the 4 levels of swimming in our small group program.

Group swim lessons are held at the indoor warm water pool year round

Level One: Water Acclimation for beginning swimmers. This class is for swimmers who may be a little fearful of the water. Swimmers will be introduced to floating, gliding, breath holding and safely entering and exiting the water with assistance. The focus of this class will be on body position and the importance of floating for rest and safety.

Level Two: Water Exploration for the non-fearful beginner. Level two will build on the skills from level one by adding in a strong and effective kick. Swimmers will learn to float, glide with a kick and jump in independently from their instructor. The focus of this level will be on combining proper body position with an efficient kick.

Level Three: Water Adventures for the swimmer on the move. Level three will combine the proper body position and effective kick with proper stroke and arm placement. The focus of this level will be on adding in arms to the above skills. Swimmers will learn to combine skills to improve technique as well as be introduced to backstroke.

Level Four: Water Mastery for swimmers ready to take swimming to the next level. The focus of this level is on mastering the skill of rotary breathing and learning breaststroke and butterfly. Swimmers who graduate this level should be able to perform proper free and backstroke for one lap and be able to show a working understanding of breaststroke and butterfly.

Parent/Child Swim Clinic: (Ages 6 mos.—36 mos.) This is a free class for parents and children to swim together. This class is designed to teach the parent how to teach the child how to swim. It introduces basic water comfort. This class is designed to prepare children to enter Level 1 swim lessons when they turn 3 years old.

Mondays 11am-11:45am
Tuesdays 5:30pm-6:15pm
Fridays 11am-11:45am
Saturdays 11am-11:45am

SESSION DATES & FEES

Group Swim Lesson Information

Lessons for every swimmer! We offer two day and Saturday Morning Classes for swimmers 3 and up. All levels are offered at each day and time. Child must be an active member to participate. Group lessons have a target ratio of 5 swimmers to 1 instructor. Group swim lessons are held in the Indoor Warm Water Pool.

Monday & Wednesday Evening Classes

7pm-7:30pm and 7:30pm-8pm
2 Week Sessions, \$48 for 4 x 30 Minute Lessons (\$12 per lesson)

Session 1: June 3-14
Session 2: June 17-28
Session 3: July 1-12
Session 4: July 15-26
Session 5: July 29-Aug 9
Session 6: Aug 12-23

Tuesday & Thursday Morning Classes

8:30am-9am; 9am-9:30am, and 9:30am-10am
2 Week Sessions, \$48 for 4 x 30 Minute Lessons (\$12 per lesson)

Session 1: June 3-14
Session 2: June 17-28
Session 3: July 1-12*
Session 4: July 15-26
Session 5: July 29-Aug 9
Session 6: Aug 12-23

*No class July 4th; session pro-rated to \$36

Saturday Morning Once Weekly Classes

8:30am-9am; 9am-9:30am; and 9:30am-10am
6 Week Sessions, \$72 for 6 x 30 Minute Lessons (\$12 per lesson)

Session 1: June 8-July 13
Session 2: July 20-Aug 24

Private Swim Lesson Information

Private lessons are available for members based on instructor and pool availability:

1 Swimmer: \$40 per 30 minute class
2 Swimmers: \$60 per 30 minute class

*Child must be on the membership.

Register by paper or electronically on the member web portal or member app.

**Contact our Youth Director at
lbresser@cincinnatiportsclub.com with any questions.**

REGISTRATION

DAY	TIME	LEVEL
Monday/Wednesday	<input type="checkbox"/> 7:00pm <input type="checkbox"/> 7:30pm	
Tuesday/Thursday	<input type="checkbox"/> 8:30am <input type="checkbox"/> 9:00am <input type="checkbox"/> 9:30am	
Saturday	<input type="checkbox"/> 8:30am <input type="checkbox"/> 9:00am <input type="checkbox"/> 9:30am	

Swim Registration: Members who do not pay in full at registration will have their Sports Club account charged at least one week prior to the date of lessons. Make checks payable to "Cincinnati Sports Club".

Session (Please Circle) 1 2 3 4 5 6

Child's Name

Parent's Name

Address

City

State

Zip

Email

Phone

Child's DOB

METHOD OF PAYMENT

☐ **Bill to member account**

Credit Card: ☐ Visa ☐ Mastercard ☐ Discover

Credit Card #

Exp. Date

3-digit code on back card

Signature

Date

Child must be on an active membership to participate

I hereby permit the Cincinnati Sports Club to record participants performance on print, digital, or video medium for use in promotion and distribution.

X _____